



STAR SERVICES

LAMAR UNIVERSITY

## What You'll Learn

- ✓ Understand theories of learning, personality, and motivation that inform success
- ✓ Identify potential roadblocks to your growth and development
- ✓ Examine and identify the habits of mind for college achievement and lifelong success
- ✓ Identify the resources on campus that will help you cultivate these habits
- ✓ Reflect and imagine how you can apply these habits to future experiences

# 10 HABITS OF MIND FOR COLLEGE SUCCESS

15-20 MINUTES

Watch It Now: [www.studentlingo.com/lamar](http://www.studentlingo.com/lamar)

