LAMAR UNIVERSITY

**Lamar University Student Health Center**

# BIENNIAL REVIEW

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## ACADEMIC YEARS 2020 – 2022

### DRUG-FREE SCHOOLS AND CAMPUSES REGULATIONS (EDGAR PART86)

LAMAR UNIVERSITY

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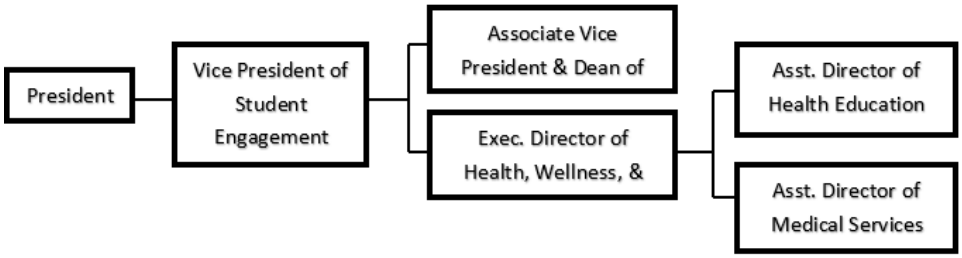
# INTRODUCTION

Lamar University, as an institution of higher education, has a strong interest in promoting a safe environment that is conducive to acquiring and achieving academic success, and in preserving a high standard of safety and welfare for our students, faculty, and staff. While it is important to motivate and protect our students' pursuits of educational goals, it is equally essential to disseminate vital information as it relates to student conduct and behavior.

The Drug-Free Schools and Communities Act (DFSCA) requires that an institution of higher education (IHE) certify it has adopted and implemented a program to prevent the unlawful possession, use or distribution of illicit drugs and alcohol for students and employees on school premises and as part of its activities. Lamar University (LU) complies with the DFSCA by continuing to conduct a biennial review on the effectiveness of its alcohol and other drug programs and policies, consistency of policy enforcement, and to identify and implement any changes needed. The following review is a report of alcohol and drug prevention activities conducted from August 1, 2020-July 31, 2022.

LU strives to maintain a campus community and workplace free from the illegal use, possession, manufacture, or distribution of alcohol or other drugs, as well as being committed to providing a safe and healthy environment for all community members. The community benefits from having an integrated Student Health Center (SHC) with medical, counseling, and health education departments. The SHC continues to expand to serve the growing needs of the LU community by adding a dedicated health education position in 2015, three new counselors over the past four years, and creating the Healthy Cards Peer Health Education program in the 2016-2017 academic year. Other LU entities that play a strong role in alcohol and other drug prevention on campus include the Lamar University Police Department (LUPD), Dean of Students' Office, Residence Life, Human Resources, and many others.

**LU AOD Prevention Support and Structure**



# BIENNIAL REVIEW PROCESS

The Biennial Review of Lamar University's Alcohol and Other Drug Program is perpetually available at: www.lamar.edu/healthcenter. The current Biennial Review covers even-numbered academic years beginning in the Fall of the last biennium year through the Spring of the current even-numbered year (Fall 2020-Spring 2022). The Biennial Review document is completed and available for review before the first day of class for the Fall semester of the current even- numbered year. The Biennial Review final document is comprised of information and data collected during and after activities from multiple departments.

A hard copy of the Biennial Review is also maintained on file at the Student Health Center and can be provided to the U.S. Department of Education if requested. Hard copies are kept for seven years in the Student Health Center.

# ANNUAL POLICY NOTIFICATION PROCESS

To comply with federal law, Lamar University Office of Student Engagement, Human Resources, and Student Health Center provide every employee and student with an "Alcohol and Other Drug Policy" email notification that includes the following:

- Standards of conduct that prohibit the unlawful possession, use or distribution of illicit drugs and alcohol by students and employees.
- A description of legal sanctions under federal, state, and local laws for unlawful possession or distribution of illicit drugs and alcohol.
- A description of the health risks associated with the use of illicit drugs and the abuse of alcohol.
- A description of counseling and treatment programs available to students and employees.
- A clear statement and description of the disciplinary sanctions Lamar University will impose for violations of the codes of conduct for students and employees.

This notification is always available to students, faculty, and staff online at lamar.edu under Resources on Alcohol and Other Drugs.

The primary method utilized to distribute the AOD policy is via campus announcement email bi-annually. Every student, defined as a person currently enrolled for academic credit on the Lamar University campus and online, receives the AOD policy by campus announcement at the beginning of Fall and Spring semesters. Any new student entering the university will be notified at the time of registration.

All existing employees receive the AOD policy via campus announcement at the beginning of the Fall and Spring semester. All new employees are required to complete documents through an electronic onboarding system in Human Resources before their first day of employment. The onboarding system will include the annual notification and AOD policy. This process will ensure everyone receives the policy regardless of hire date or extent of employment with the university.

# POLICY ENFORCEMENT & COMPLIANCE

Lamar University has adopted policies that govern alcohol and other drugs on campus. These policies include the Faculty Handbook and the Human Resources Policy Manual. Policies related to students are included in the Code of Student Conduct. All students and employees are required to adhere to these policies while associated with the university. Any student or employee found in violation of any of these policies may be subject to corrective action and/or discipline including dismissal from the university.

Lamar University has adopted a student code of conduct, following the authority established by the Board of Regents of the Texas State University System, which outlines rules, regulations, rights, and responsibilities that apply to all students on and off-campus. Lamar University expects that each student becomes fully acquainted with all published university policies, as each student is held accountable for compliance with the student code of conduct and other university policies. General enforcement of the policy occurs through education, community vigilance, and LUPD.

General oversite of each policy is managed by the departments' Director from which the policy originates. Discipline, sanctioning, and adjudication of each policy are enforced by the departments' Director and may include other overseeing entities as they relate to students or employees. The Dean of Students will collaborate with any department director where students are involved, and the Director of Human Resources will collaborate with the supervisor of an employee found in violation of policy. Lamar University police department may be utilized when deemed necessary.

Lamar University Police Department (LUPD) has a robust working relationship with Beaumont Police. Lamar police officers have jurisdiction to enforce civil laws off-campus in the surrounding areas adjacent to the university property. Collaboration between the departments helps students abide by Lamar University's alcohol and drug policies.

Human Resources is the department solely responsible for any disciplinary actions related to faculty and staff regarding alcohol and other drugs. Below is the information provided based on their records on the number of disciplinary actions related to alcohol and other drugs.

| | |
|---|---|
| No. of employee disciplinary actions related to alcohol and drugs | **0** |

## AOD Prevalence & Trend Data

The Office of Finance & Operations is responsible for approving requests for alcohol sales or serving for students, faculty, and staff on campus. Below is the number of requests submitted from 2020-2022.

| | |
|---|---|
| Number of requests for permission/authorizations for alcohol sales/serving for students, faculty, and staff | **25** |

The Lamar University Police Department (LUPD) regularly collects data as part of their Annual Safety Report. Data relating to alcohol and other drugs can be found below.

| **UPD Annual Safety Report data** | | | |
|---|---|---|---|
| | **2020** | **2021** | **2022** |
| No. of Alcohol-related incidents on campus | 43 | 28 | 21 |
| No. of Drug-related incidents on campus | 40 | 16 | 3 |

## Alcohol & Other Drug Violations

Below is the data reported from the Dean of Students Office on student AOD related incidents and sanctions.

| **Dean of Students Alcohol & Other Drug Related Incidents**: | |
|---|---|
| Drug and Alcohol-Related Incidents - 8/1/2020-7/31/2022 | |
| Liquor Law Violation Referrals | 42 |
| Alcohol/D.U.I. Arrest | 7 |
| Drug Law Violations – Arrest | 2 |
| Drug Law Violations – Referrals | 17 |
| **Totals** | **68** |

| Sanctions as a Result of Cases Heard Involving Alcohol and/or Other Drugs | | |
|---|---|---|
| **Sanction** | **2020-2021** | **2021-2022** |
| Warning | 5 | 1 |
| Reflection Paper | 0 | 1 |
| University Engagement | 27 | 22 |
| Alcohol Education Program | 3 | 0 |
| DABS Education Course – First Violation | 19 | 17 |
| DABS Education Course – Second Violation | 14 | 2 |
| Community Service | 0 | 0 |
| Counseling Assessment & Recommended Treatment | 15 | 4 |
| Mandated Counseling | 1 | 0 |
| Parental Notification | 24 | 0 |
| Disciplinary Probation | 17 | 20 |
| Housing Probation | 8 | 3 |
| Removal from Housing | 1 | 0 |
| Fines | 25 | 7 |
| Withholding Transcript or Degree | 1 | 0 |
| Suspension | 0 | 0 |
| Additional Sanctions | 1 | 0 |
| **Total Alcohol Sanctions Issued** | **161** | **77** |

***These numbers are inclusive of sanctions issued through The Office of Residence Life.**

# ALCOHOL AND OTHER DRUG PREVENTION & INTERVENTION EFFORTS

Lamar University offers a variety of programs and interventions for students in the campus community. Programs are offered on an individual, group, and population basis. The Student Health Center offers many of the individual and group-based education programs, while the Division of Student Engagement and Dean of Students is responsible for the entire population programming.

## INDIVIDUAL-BASED PROGRAMS

Lamar University offers a variety of Tier 1 strategies that show evidence of effectiveness with college students. These individual-based assessments, programs, interventions, educational outreach, and referrals are made available to students on campus.

### Initial Intake Assessment and Screening for College Students

The Student Health Center requires all students to complete a 10-minute, self-administered survey prior attending their first counseling appointment. The Counseling Center Assessment of Psychological Symptoms (CCAPS)-62 is a 62-item instrument with eight distress subscales that measure physical and psychological symptoms and the Distress Index (DI). Counselors review the eight subscales: Depression, Generalized Anxiety, Social Anxiety, Academic Distress, Eating Concerns, Family Distress, Hostility, Suicidal and Homicidal Intent, and Substance Use prior to conducting the initial psychosocial and mental health diagnostic assessments with the students.

### Integrated Approach to Student Emotional Wellness through Individualized Counseling and Intervention Programs

Counselors at the Student Health Center use an integrated counseling model approach that includes Motivational Interviewing, Solution Focused, Resiliency training and Cognitive-Behavioral interventions to enhance the emotional wellness of the college students being served. Motivational Interviewing is utilized to build rapport, identify, examine, and resolve ambivalence about the identified behavior that needs to be changed. It is a conversation that is a collaborative, person-centered partnership that builds upon the student's autonomy. Counselors utilize this strengths-based approach to identify and emphasize the student's capability to change successfully. A Brief Therapy Solution Oriented model is used to address students presenting issues involving situations in which there is a pattern of unwanted behavior accompanied by distress and impairment, including (but not limited to) affective (mood) disorders, social phobia, substance abuse, eating disorders, anxiety, and ADHD.

Cognitive-behavioral skills training with norms clarification is an action-oriented therapy utilized to address inaccurate or negative thinking so that the student can view challenging situations more clearly and respond to them in a more effective way. Focus remains on the student's thoughts (cognitive patterns) to change the student's behavior and emotional state. Norm

clarification is discussed, when appropriate, to identify and address misperceptions of behaviors, attitudes and beliefs about alcohol and other drug use.

Counselors also collaborate with Student Health Center Medical Services and the Disability Resource Center (DRC) to provide students with a more expansive program.

**Referral programs to off-campus treatment providers for students**

The Student Health Center makes referrals to both campus and community resources when requested or deemed necessary and/or beneficial. Types of referrals may include (but are not limited to) additional counseling, psychiatric evaluations, inpatient hospitalization, medical, legal, substance abuse detox as well as alcohol/chemical dependency rehabilitation, trauma and victim's assistance, and housing/shelter needs.

**LU Critical Assessment Response & Evaluation (CARE) Team**

The LU CARE Team is a group of employees from various areas on-campus, led by the Dean of Students. The CARE Team is a resource for faculty, staff, and students to report behaviors of LU students that may be potentially violent, threatening, or dangerous. All students, faculty, and staff can submit anonymous reports via the online Incident Reporting Form. The Dean of Students will disseminate information based upon the identified needs of the student. The Team coordinates support services and resources to help LU students who have been referred to the CARE Team. The CARE Team provides guidance, resources, and plans of action to help students succeed while providing the greatest level of protection to Lamar University and the surrounding community.

## GROUP-BASED PROGRAMS

**AOD Prevention Programming Efforts**

*Health Education Programs*

The Health Education department provides presentations for the entire LU community such as student organizations, residence halls, and classroom instructors free of charge. Group programs covering alcohol and other drugs can be requested by completing the "Program Request" form available at www.lamar.edu/healthed. Specific group alcohol programs offered by the department include The Facts Served Straight Up, Alcohol Bingo, and Drunk Goggles, however customized programs are available upon request as well.

*REDTalks*

The Health Education department strives to provide alcohol related programming via the Student Tutoring and Retention Services (STARS) program, REDTalks. REDtalks are free 45-minute presentations by LU faculty, staff, and students sharing expertise and advice to help students succeed at Lamar University. These REDTalks are a great learning opportunity for the campus community on a variety of topics to promote a safe and healthy campus culture.

*Residence Life*

Resident Assistants (RAs) are required to participate in a week-long training designed to teach them responsible alcohol use, campus policies, and how to identify students who may violate the AOD policy while living on campus. These student leaders are also encouraged to report any concerns they may have for other students anonymously via the online Incident Reporting Form or report it to their Resident Director, Lamar Police, or campus safety officers.

Residence Life also regularly works with the Student Health Center to provide alcohol programs for each of the residence halls. RAs and professional staff can request a program from the SHC Health Education department or choose to borrow the Drunk Goggles as part of their own programming.

*New Student Orientation*

LU makes an ongoing effort to address the potential for alcohol and/or drug use with incoming freshman students. Students and their families watch a video that focuses on the culture of LU and words of wisdom for student success. This video features students discussing issues on alcohol and other drugs, Bystander Intervention, Sexual Assault prevention and consent. Orientation leaders also perform a series of skits concerning issues college students may face. Alcohol use is incorporated in these skits. Each incoming student is required to attend an orientation session.

**Substance-Free Programming Options on Campus**

Lamar University hosts a variety of substance-free events and programming on campus throughout the school year. Extensive marketing for these events is done via digital signage, social media, and other promotions in heavy traffic areas of the university. Below are a few departments who host popular substance-free programs for the campus community.

*Cardinal Activities Board*

The Cardinal Activities Board (CAB) specializes in bringing programming to students outside of the classroom setting. This programming aims to foster holistic student development for a full collegiate experience. Events hosted by CAB include Big Red Mania, Homecoming, movie nights, and more. To stay up to date with their events visit the Lamar University Events calendar at https://www.lamar.edu/events/index.html.

*Recreational Sports*

The LU Recreational Sports Department offers a wide variety of activities for student participation. The facilities offer a fitness center, basketball courts, weight room, racquetball courts, indoor soccer court, indoor track, multipurpose court, group fitness rooms, game room, and climbing wall. Recreational Sports also offer a variety of programming opportunities for students. Students can join club sports, intramural sports, group fitness classes, or participate in outdoor pursuits. Programs and events are regularly posted on social media. More information on Recreational Sports can be found at www.lamar.edu/recsports.

## UNIVERSAL PROGRAMS

### CampusWell

The Student Health Center sponsors the CampusWell online wellness resource for LU students. This platform can be accessed through the webpage www.lamar.campuswell.com or via the CampusWell mobile app. Articles are updated weekly and focus on a student-centered approach to providing health and wellness information. The university can add custom content to the CampusWell platform with information specific to the LU campus.

### AlcoholEdu

Lamar University requires students to complete a web-based program that satisfies the Drug-Free Schools and Colleges mandate. This program, offered by Everfi and the Division of Student Engagement, is designed to educate students on alcohol and other drugs as well as Title IX topics. The program, AlcoholEdu for College: Primary and Sexual Assault Prevention for Undergraduates is offered to all new incoming freshmen and transfer students. Since 2014, a web-based program has remained in place. In Spring 2022 the Get Inclusive program was implemented to replace the Everfi program.

Students are sent an email with the link to the program after the 12th class day and given one month to complete it. If not completed, then they are reminded via email until the program has been completed. The completion data for this program is provided below.

| PARTICIPATION & COMPLETION DATA | | | | |
|---|---|---|---|---|
| | FALL 2020 | SPRING 2021 | FALL 2021 | SPRING 2022* |
| INVITED | 1476 | 188 | 1619 | 373 |
| COMPLETED | 789 | 73 | 1066 | 310 |
| COMPLETION RATE | 53% | 39% | 66% | 83% |

*New Vendor: Get Inclusive

## ENVIRONMENTAL PROGRAMS

Lamar University is considered an alcohol and drug-free campus. The Housing and Residence Hall Handbook and the Code of Student Conduct specifically address that the halls are drug and alcohol-free facilities. Residence directors and community leaders may confiscate any alcohol or drugs found in a students' room in plain sight. Once found, the student is processed through the discipline process in the Code of Student Conduct. A formal letter is sent to the student with the allegations outlined and a deadline for completion given. This letter is signed by the Dean of Students and the student. Any department directly involved in the discipline process is alerted to the discipline mandates. Discipline mandates may include community service hours, monetary fines, referral to SHC licensed chemical dependency counselors for addiction counseling, and/or educational videos/assignments related to the specific charge.

Social events with alcohol, where special permission from the Chief Financial Officer or the President has been given, follow specific guidelines. These guidelines are outlined in the Human Resources Policy Handbook, Sec. 2-General Policies, and 2.12 Social Events with Alcohol.

## Medical Amnesty Policy

To ensure student's safety and health in cases of underage possession and/or consumption of alcohol and/or illicit drug use, the Dean of Students and Housing and Residence Life will not pursue conduct action if (1) the intoxicated student reports the action and/or (2) if the intoxicated and/or other students actively seek medical and/or health assistance. The student is not covered by this Protocol if involved in other violations of the Code of Conduct during the incident for which they are seeking amnesty, has previously been found in possession of alcohol or drugs or has already been covered by this Protocol in a previous incident. This Protocol does not protect the student from being criminally charged by a law enforcement agency. The guidelines are outlined in the Student Code of Conduct, Sec. 2.01 Medical Amnesty Protocol.

## Assessment of AOD Prevention Efforts

Assessment serves a critical role in evaluations AOD programming and prevention efforts at Lamar University. In Spring 2021, the Student Health Center utilized the National College Health Assessment (NCHA) to collect data about the health habits, behaviors, and perceptions of LU students. Survey results help the SHC determine the impact of AOD programming on alcohol and other drug behaviors by students as well as any issues related to AOD in the student population. Key results from the survey are highlighted below.

## National College Health Assessment – Spring 2021 (n=185, response rate = 3.1%)

- Within the last 12 months, 1.6% of students reported alcohol use as a factor affecting their individual academic performance.
- Within the last 12 months, 0.5% of students reported marijuana/cannabis use as a factor affecting their individual academic performance.
- 67.4% of respondents reported they have used alcohol before and 37.7% reported using alcohol within the last two weeks.
- 63.0% of respondents reported that they have never used tobacco or nicotine delivery products before and 25.4% reported using tobacco or nicotine delivery products within the last 3 months.
- 67.2% of students reported that they had never used cannabis before and 18.4% reported using marijuana within the last 3 months.
- 12.0% of respondents reported driving after having any alcohol in the last 30 days, and 33.3% reported driving within 6 hours of using cannabis/marijuana in the last 30 days.
- On average, respondents reported consuming 3.5 drinks the last time they drank alcohol in a social setting.
- 11.5% of respondents reported nonmedical use of prescription stimulants, and 8.7% of respondents reported nonmedical use of prescription opioids.
- 20.6% of respondents reported experiencing two or more potentially negative consequences after drinking alcohol within the last 12 months.

# PROGRAM GOALS AND OBJECTIVES REVIEW

In the 2018-2020 Biennial Review a list of goal and objectives were identified to complete for the 2020-2022 Biennium. Below is a review of these goals and objectives:

- Improve data assessment and collection on all health education programs.
    - The standard program assessment used was uploaded into LUHub in Fall 2020.
        - This proved useful when many programs were conducted online due to the COVID pandemic.
    - Some survey responses were collected online, but the higher response rate is still during in-person programs with paper evaluation forms.
- Complete new ACHA-NCHA III survey in Spring 2021.
    - A third NCHA survey was completed in the Spring 2021 semester.
    - The NCHA III is an updated version from the previous NCHA II survey. Some questions have been removed and new questions added. Some results cannot be compared from the previous surveys.
- Collaborate with the new Greek Life advisor's council to increase programming to reduce high risk behaviors.
    - The advisor's council was a new group of individuals coming together to work together where previously one individual had been responsible for almost all the roles. In addition, some key individuals on the council left the university. And their responsibilities.
    - Therefore, focus for this new advisor’s council was not on providing educational programming for individual chapters or councils.
- Update templates in Medicat.
    - Only vaping was added to the intake in Medicat.
    - Anyone who admits alcohol or any drug use is automatically referred to counseling services who collect detailed information on use and determine what interventions may be necessary.

# Strengths of AOD Prevention Program

- AOD Policy
  - The institution consistently reviews and updates its AOD policy as part of an active and ongoing process to provide a quality AOD prevention program.
- Dedicated Health Education Department
  - The Student Health Center has a dedicated Health Education department to provide services, programs, and activities to promote a strong drug-free campus environment.
  - By having this specific department, the SHC can maintain a Peer Health Educator (PHE) program that offers peer to peer programming opportunities for AOD prevention efforts.
  - Multiple AOD programs are offered to fulfil the needs of students or faculty/staff requesting programs.
- Strong and Integrated SHC
  - The LU SHC fosters a strong partnership between counseling, medical and health education services under one department.
  - Telemedicine visits for counseling and medical visits remain an option to provide more accessible services.
- ACHA-NCHA and other data collection
  - The SHC has prioritized regular data collection to better understand the needs of the student population.
  - The SHC has conducted three NCHA surveys and will continue to conduct this survey to better understand the behaviors and needs of students.
- AAAHC Accreditation
  - In Fall 2019, the SHC received AAAHC accreditation. As part of this accreditation the SHC regularly conducts QI studies, maintains a high quality of care, and conducts regular needs assessments.
- New Restructuring
  - The Director of the Student Health Center position has now transitioned to a new role of Executive Dir. of Health, Wellness, and Accessibility. This includes moving Disability Resource Services under this new position.
    - Students with drug and alcohol issues and who struggle academically are referred to the DRC for assistance.
- Athletics
  - A safe harbor program enables students who test positive access to counseling services for early intervention and rehabilitation.

# Weaknesses of AOD Prevention Program

- ACHA-NCHA survey participation
  - While the SHC has conducted three NCHA surveys, more participation is needed in order to yield statistically significant results.
- Changing climate surrounding marijuana use
  - Legalization of marijuana across the country has changed opinions on the drug. Students tend to favor legalization in Texas and see use of marijuana as benign.
- Loose enforcement of web-based alcohol programming
  - Completion rates are not at 100%. Holds may be released without completion.
- Size of Health Education Department
  - The Health Education department only has one full-time staff member, the Asst. Director of Health Education, who conducts and supervises all health education activities.
- Position Changes in the University
  - New President hired in 2021.
  - A new Provost was hired in June 2022.
  - There have been a variety of position changes and vacancies in multiple departments across the University, including Student Engagement.
  - The SHC Director has now assumed a new role that includes supervising another department.
  - A new Dean of Students was hired at the start of the biennium period.
  - A new interim Chief of Police was put in place at the start of the biennium.
  - With the departure of the Assistant Dir. Of Counseling, there is currently only one Licensed Chemical Dependency Counselor at the Student Health Center.
- Continuing Greek Life Restructure and Changes
  - A Greek Life Advisors Council with multiple advisors, each overseeing different councils, was established. New hires and vacancies have been a regular occurrence.
  - Over the past few years Greek Life has seen a decline in numbers. Focus has been on growing numbers, not education focused on AOD prevention.

# Opportunities for AOD Prevention Program

- Peer Health Education Program
  - Peer Health Educators effectively promote programs as a representative and role model.
  - Peer Health Educator program, started in spring 2016, continues to offer peer-to-peer programming.
  - Students can provide great feedback on current programs as well as valuable insight into future program development.
- Regular Needs Assessments
  - A regular needs assessment is conducted by Asst. Director of Health Education every odd number year as part of AAAHC accreditation. Information included in the needs assessment goes beyond the NCHA survey and includes information such as SHC testing and diagnosis data, PHE perspectives on programming, and program evaluation data.
- Return of Spring Break Safety programming
  - Collaborations between the SHC, New Student and Leadership, and LUPD have seen a resurgence in safe spring break programming.
    - From the success of these programs, new planning is already taking place to incorporate more alcohol safety awareness and programming for the campus community.

# Threats for AOD Prevention Program

- Communication
  - Communication between departments outside of Student Engagement that aid in AOD programming and policies can be limited at times.
  - Human Resources have undergone restructuring and major staff changes which has made collaboration difficult.
- Commuter population
  - The campus still has a large commuter population which makes reaching these students with on-campus AOD programming difficult.
- Student Engagement Post-COVID pandemic has been difficult
  - Coming out of the COVID-19 pandemic student engagement with campus programming and activities has been lower than pre-covid. This was due to the period that students were solely online. Incoming students may not be prepared for college activities engagement.
- Current Vacancies in important positions
  - Currently in hiring process for Chief Financial Officer.
- New ACHA survey
  - The new NCHA III survey was implemented in 2021. This survey has some significant differences so data may not be comparable to previous years' data.

# RECOMMENDATIONS FOR NEXT BIENNIUM

- Conduct a fourth (American College Health Association) ACHA National College Health Assessment (ACHA-NCHA).
- Continue to promote the CampusWell Newsletter for LU students to access for relatable and reliable health information concerning AOD.
- Explore collaborations with New Student Leadership and LUPD to develop more impactful AOD programs.
- Build good communication with all offices responsible for programming and data collection for AOD and Biennial Review.

# GOALS & OBJECTIVES FOR NEXT BIENNIUM

- Improve data assessment and collection on all health education programs.
    - Evaluate current health education data collection tools and surveys.
    - Upload surveys into new LU HUB platform to collect data for all health education programs.
- Complete new ACHA-NCHA III survey in Spring 2023.
    - Submit IRB approval for ACHA-NCHA III by September 1, 2022.
    - Initiate NCHA III by February 1, 2023.
- Explore all uses for DAST-10 use in medical and counseling appointments.
    - Continue use of DAST-10 screening tool during new client intake for counseling.
    - Add DAST-10 to medical screening at intake.
- Implement use of SASS-4.
    - Start inquiry process to explore if this option would best assist in counseling.
    - Perform pilot study with one LCDC.
- Begin process for LCDC licensing for two part-time counselors.
- Continue growth of Peer Health Educator program.
    - Explore options for adding another PHE.
    - Define detailed roles of PHEs, including detailed social media and programming responsibilities.

# Appendix

## Listing of Policies Related to Alcohol & Other Drugs

### Campus-wide Policies

- TSUS Rules and Regulations, Policies III.20 and VII.4.1, tsus.edu-rules and regulations; https://gato-docs.its.txstate.edu/jcr:daed7f50-4f7f-41fa-a4fa-ddb4a0884df2/2022%20Rules%20and%20Regs%20-%20Updated%20thru%20Feb%202022.pdf
- Lamar University Policy on Alcohol and Drugs (revised 2020)
- University Policies:
    - Drug-Free Schools and Communities Act https://www.lamar.edu/students/_files/documents/student-engagement/health-center/annual-notification-2020.pdf

### Faculty/Staff Policies

- Faculty Handbook (2019): https://www.lamar.edu/faculty-staff/_files/documents/academic-affairs/faculty-handbook-jan-2019-uploaded-031020.pdf
    - Faculty Standards of Conduct: Illegal Drugs-Policy Chapter II, 43.9
    - Smoking/Tobacco Use Policy, Section 62
    - Drug-Free Workplace Standard, Chapter II, Section 63
- Human Resources Policy Manual: https://www.lamar.edu/faculty-staff/human-resources/policy-manual/hr-manual-sec2-9.html:
    - Drug-free Workplace, General Policies, Policy 2.9
    - Smoke-free, Tobacco-free, and Electronic Cigarette-Free Workplace, Policy 2.10
    - Approval to Purchase Alcohol, Policy 2.11
    - Social Events with Alcohol, Policy 2.12

### Student Policies

- Code of Student Conduct
    - Prohibited Conduct; provision 2.00
    - Administration of Student Conduct;

- Housing and Residence Life Handbook https://www.lamar.edu/residence-life/resources/residence-life-handbook.html:
    - Prohibited and Restricted Items; https://www.lamar.edu/residence-life/resources/residence-life-handbook.html#Prohibited_Items
    - Smoking; https://www.lamar.edu/residence-life/resources/residence-life-handbook.html#Smoking

**Guidelines for Fraternity/Sorority Use of Alcohol**

- Order of Omega: Position Statement on Alcohol and Illegal Substances; https://www.lamar.edu/students/student-engagement/greek-life/order-of-omega/about.html
- North American Interfraternity Conference (NIC) Alcohol and Drug Guidelines (Lamar University policies supersede these guidelines); https://nicfraternity.org/nic-alcohol-drug-guidelines/
- National Panhellenic Conference (Lamar University policies supersede these guidelines); https://www.npcwomen.org/priorities/npc-standards/

**Athletic Department Policies**

- Football Tailgating and Parking Policies; https://lamarcardinals.com/sports/2015/7/13/FB_0713152751.aspx
- Lamar University Student Athlete Handbook (2020) available in the Athletic Department
    - NCAA Drug Testing Policy, page 47
    - Lamar University Drug Prevention Program and Testing Policy, page 50

**Sexual Assault and Other Violence Related Polices**

- Title IX/Sexual Misconduct: Preventing and Addressing Sexual Misconduct; https://www.lamar.edu/titleix/index.html

LAMAR UNIVERSITY

**Drug Free Schools and Community Act Biennial Review**

I have reviewed and approved the content of this 2020-2022 Biennial Review.

Shawn R. Gray
Shawn Gray
Executive Dir. of Health, Wellness, and Accessibility

06/13/2022
Date

I have reviewed and approved the content of this 2020-2022 Biennial Review.

Vicki L McNeil
Dr. Vicki McNeil
Vice President of Student Engagement

6/14/2022
Date

I have reviewed and approved the content of this 2020-2022 Biennial Review.

Dr. Jaime R. Taylor
President

6/14/2022
Date